



Resource Guide

BELOW YOU WILL FIND A LIST OF VARIOUS RESOURCES IN EACH OF THE THREE COUNTIES SERVED BY THE HOMELESS SERVICES NETWORK OF CENTRAL FLORIDA. WHILE HSN IS A SEPARATE NONPROFIT ORGANIZATION AND CANNOT GUARANTEE THE ACTIONS OF THESE AGENCIES, WE DO RECOMMEND THAT YOU USE THIS GUIDE TO HELP FIND RESOURCES THAT MAY FIT YOUR NEEDS.

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Emergency Contacts/ Hotlines	Hours	Additional Information
Emergency dial 9-1-1	24 hours	Call in case of emergency and fire.
National Human Trafficking Hotline 1-888-373-7888	24 hours	If you or someone you know is a victim of human trafficking, call. SMS: 233733 text "HELP" or "INFO".
Department of Children and Families Abuse Hotline 1-800-962-2873	24 hours	Call to report suspected cases of abuse, neglect, abandonment, or exploitation of children or vulnerable adults. *If someone is in immediate danger call 9-1-1
Crimeline 800-423-TIPS(8477)	24 hours	Call to report a tip on any criminal activity. *all tips are anonymous Crimeline.org
National Suicide Prevention Lifeline 9-8-8	24 hours	Free and confidential emotional support to people with suicidal crisis or emotional distress.
Crisis Hotline of Central Florida 407-425-2624	24 hours	If you are struggling with relationship issues, abuse, grief, substance abuse, mental health or other problems.
Community Information and Referral Services 2-1-1	24 hours	Call to find local resources and assistance.
Depression/Suicide Hotline (800)-273-8255	24 hours	Free and confidential emotional support to people with suicidal crisis or emotional distress
National Domestic Violence Hotline 1-800-799-SAFE(7233)	24 hours	Call for emotional support and resources for domestic violence victims.
Trans Lifeline 877-565-8860	24 hours	A trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive.
Domestic Violence Shelters	Hours	Additional Information
Help Now of Osceola County (407) 847-8562 (321) 306-0677 (Text) <i>Osceola</i>	24 hours	You can call if you are in need of the emergency shelter services OR if you just need to talk to someone about your situation. Locations are confidential.

Harbor House (407) 886-2856 <i>Orange</i>	24 hours	You can call if you are in need of the emergency shelter services OR if you just need to talk to someone about your situation. Locations are confidential.
Safe House (407) 330-3933 <i>Seminole</i>	24 hours	You can call if you are in need of the emergency shelter services OR if you just need to talk to someone about your situation. Locations are confidential.
Shelters for Single Women	Hours	Additional Information
H.O.M.E. (407) 932-0413 Address: 924 Determination Way Kissimmee, FL 34741 <i>Osceola</i>	Call for more information	This program is for homeless single women with children. -Must be able to work. Cannot have substance abuse history, drug testing and background checks will be done. -No same-day admissions and does not operate as an emergency shelter. -Bridge Housing portion will pay a monthly fee and must put other portion of their income into a savings account.
Coalition for the Homeless of Central Florida (407) 652-5310 (Intake Center) Address: 18 N Terry Ave Orlando, FL 32801 <i>Orange</i>	Intake Center: Mon-Fri 7am-3pm	Provides a safe place to stay and nutritious meals to eat. Guests must enter the campus through the gate located on N Terry Avenue. Offers showers, laundry, and mail services.
Salvation Army (407) 423-8581 ext. 204 Address: 400 West Colonial Drive Orlando, FL 32804 <i>Orange</i>	Call for more information	Provides shelter to women and children.
Rescue Outreach Mission (407) 321-8224 Address: 1701 Historic Goldsboro Blvd Sanford, FL 32771 <i>Seminole</i>	Call for more information	Provides shelter and resources to help those who are experiencing homelessness.

Orlando Union Rescue Mission (407) 423-2131 Address: 1521 W. Washington Street Orlando, FL 32805 <i>Orange</i>		By taking care of our guests' basics needs, we free them of the burdensome experience of homelessness and grant them the space to focus on spiritual development, self-improvement, and all the life-transformative possibilities available to our guests at the Mission.
Shelters for Single Men	Hours	Additional Information
Coalition for the Homeless (407) 652-5300 (407) 652-5310 (Intake Center) Address: 18 N Terry Ave. Orlando, FL 32801 <i>Orange</i>	Intake Center Mon-Fri: 7am-3pm	Provides a safe place to stay and nutritious meals to eat. Guests must enter the campus through the gate located on N Terry Avenue. Offers showers, laundry, and mail services.
Salvation Army (407) 423-8581 ext. 219 Address: 624 Lexington Ave. Orlando, FL 32804 <i>Orange</i>	Call for more information	Provides shelter and resources.
Rescue Outreach Mission (407) 321- 8224 Address: 1701 Historic Goldsboro Blvd Sanford, FL 32771 <i>Seminole</i>	Call for more information	Provides shelter and resources
Orlando Union Rescue Mission (407) 423-3596 Address: 1521 W. Washington Street Orlando, FL 32805 <i>Orange</i>	Call for more information	By taking care of our guests' basics needs, we free them of the burdensome experience of homelessness and grant them the space to focus on spiritual development, self-improvement, and all the life-transformative possibilities available to our guests at the Mission.
Shelters for Families		
Salvation Army (407) 423-8581 ext. 204 Address: 400 West Colonial Drive Orlando, FL 32804 <i>Orange</i>	Call for more information	Provides shelter to women and children.
Coalition for the Homeless of Central Florida (407) 652-5300 (407) 652-5310 (Intake Center) Address: 18 N Terry Ave Orlando, FL 32801	Intake Center: Mon-Fri 7am-3pm	Provides a safe place to stay and nutritious meals to eat. Guests must enter the campus through the gate located on N Terry Avenue. Offers showers, laundry, and mail services.

<i>Orange</i>		
Family Promise of Greater Orlando 407-951-8269 Address: 1000 Clay Street Winter Park, Florida 32789	Mon-Thurs: 9am-5pm Fridays: 9am-12pm	Provides short-term, family friendly, emergency shelter and housing-focused case management services
<i>Orange</i>		
Rescue Outreach Mission (407) 321- 8224 Address: 1701 Historic Goldsboro Blvd Sanford, FL 32771	Call for more information	Provides shelter and resources.
<i>Seminole</i>		
Shelters for Youths	Hours	Additional Information
Orange County Youth Shelter (407) 836-7676 Address: 1800 E. Michigan St., Orlando, FL 32806	24 Hours	Provides temporary shelter for youth. -Youth ages 10-17 years old experiencing homelessness, have run away from home, have been locked out of their home or are seeking a cooling off period during a family crisis
<i>Orange</i>		
Drop-In Centers	Hours	Additional Information
Salt Outreach Inc. 1-866-237-2589 Orange County Location: 1025 S. Orange Blossom Trl, Orlando, FL 32805 Apopka Location: 199 S. Park Ave, Apopka, FL 32703 Bithlo Location: 18415 11 th Ave, Orlando, FL 32833 Seminole County Location: 1701 W. 13 th St, Sanford, FL 32771 Seminole County Location: 419 S. Park Ave, Sanford, FL 32771	Mon-Fri: 9am-4pm Every 1 st Mon: 9am-11am Sun-Thurs: 10am-5pm Wed-Thurs: 9am-12pm Fri: 10am-12:30pm	Provides showers/restrooms, laundry services, case management, mail delivery, mental health counseling, free phone calls, phone charging, water and ice machine, snacks, clothing, socks and underwear.

Christian Service Center (Downtown) (407) 425-2523 Address: 808 W. Central Blvd. Orlando, FL 32805 <i>Orange</i>	Mon-Fri: 9am-4pm	Food pantry, clothing & financial assistance.
Samaritan Resource Center (407) 482-0600 Address: 9837 E Colonial Dr. Orlando, FL 32817 <i>Orange</i>	Mon-Thurs: 9am-4:30pm Fri: 9am-2pm	Provides free services to the homeless: case management, mental health counseling, and basic life essentials such as food, clothing, and hygiene supplies
Pathways Drop-In Center (407) 521-6335 Address: 1313 30th St, Orlando, FL 32805 <i>Orange</i>	Facility Hours Mon-Fri: 9am-5pm Meal Service Mon-Fri: 12pm-3pm	Provides free services to the homeless: meals, showers, laundry, case management, employment support, telehealth, peer support group
The Sharing Center Oasis (407) 260-9155 Address: 600 N. Hwy 17-92 Longwood, FL, 32750 <i>Seminole</i>	Mon-Fri: 8am-12pm	Provides showers, laundry service, hot meals, haircuts, and on-the-go food, as well as committed, compassionate support.
Matthew's Hope (407) 905-9500 Address: 611 Business Park Blvd., #101, Winter Garden, FL 34787 <i>Orange</i>	Tues and Thurs: 7:30am-11:30am	Provides basic needs such as food, hygiene items, clothing, tents and sleeping bags. Also provides transportation to showers, haircuts, medical assistance and more.
Zebra Youth Drop-In Center (LGBTQ+ Youth) (407) 228-1446 Address: 911 North Mills Avenue, Orlando FL, 32803	Mon-Fri: 3pm-5pm	Young people can get a hot meal, take a shower, brush their teeth, and even do some laundry, all in a "safe space" always supervised by caring adults.
Covenant House Youth Drop-In Center (407) 482-0404 Address: 711 North Magnolia Avenue, Orlando FL, 32803	Call for more information	Young people are welcome to drop-in, get internet and phone service to search for employment or complete schoolwork. At the Resource Center, they also receive items such as a clothing, food and hygiene products.
Salt Youth Drop-In 407-420-0129 Orange County Location: 5511 W. Colonial Dr, Orlando, FL 32808 Seminole County Location: 800 E. 2 nd St, Sanford, FL 32771	Wed-Fri: 9am-4pm Mon: 9am-4pm Tues: 9am-4pm	Provides showers/restrooms, laundry services, mail delivery, hygiene items, snacks and water, device charging, peer support, mental health counseling, spiritual care, case management.

Osceola County Location: 1209 E. Donegan Ave, Kissimmee, FL 34744		
Housing Resources	Hours	Additional Information
Low-Income Home Energy Assistance Program Orange: (407) 836-7429 Seminole: (407) 688-5166 Address: 2100 E Michigan Street Orlando, FL 32806 <i>Orange/Seminole</i>	Call for more information and location.	Financial energy cost assistance to low-income households. -Must be a legal resident of Orange county and have a gross household income of no more than 150% of Federal Poverty Income -Must call to make an appointment in Seminole County
HANDS of Central Florida (407) 447-5686 Address: 1707 Orlando Central Parkway Suite 350 Orlando, FL 32809 <i>Orange</i>	Mon-Fri 8:30am-5:30pm	Affordable apartment search, 1-on-1 housing counseling, home buyer education seminars. -Free for anyone that lives in Orange county, small fee for people from other counties. -cflhands.org
Housing Choice Voucher Program (Section 8) via Seminole County Housing Authority (407) 365-3621 Address: 145 W Pine Ave, Longwood, FL 32750 <i>Seminole</i>	Mon-Thurs 8am-4:30pm	-Must be a Seminole County Resident -Email for more information: scha001@cfl.rr.com
The Angela Denise Foundation (407) 813-2640 https://www.angeladenisefoundation.org/about-us <i>Orange</i>	Call for more information	Lending a helping hand to those that need it most by providing access to everyday essentials, housing and the skills needed to re-enter and contribute to society in efforts to build strong communities. We have fresh female beds available in Orlando! Accept SSI, SSDI, and community funded programs. This is a shared living environment.
Second Chance Housing, LLC (407) 813-2640 https://www.schousinginfo.com/ <i>Orange</i>	Call for more information	Second Chance Housing is a housing program that creates pathways out of homelessness by providing a clean and safe living environment for homeless adults.
NDC Asset Management (941) 907-4109 <i>Osceola</i>	Call for more information	-Affordable Housing Units -Located in Bradenton but units are available in Osceola County
Financial Assistance and Stabilization Programs	Hours	Additional Information

Orlando Florida Welfare Assistance	Available online 24/7	A website that provides contact information for organizations that provide financial assistance.
Need Help Paying Bills	Available online 24/7	A website that provides contact information for organizations that provide financial assistance.
Osceola Human General Services (407) 742-8400 Address: 330 N Beaumont Ave Kissimmee, FL 34741 <i>Osceola</i>	Call for more information	Provides assistance to residents who have been impacted by COVID-19, eviction prevention, elderly and disabled housing/utility assistance. https://www.osceola.org/agencies-departments/housing-community-services/housing/
Orange County Emergency Rental Assistance Program 3-1-1 or (407) 836-3111 <i>Orange</i>	Call for more information	The Orange County Emergency Rental Assistance Program (ERAP) is an income-based program aimed at helping Orange County's most vulnerable tenants by providing financial assistance to tenants who are past-due on their rent as a result of financial hardships caused by the COVID-19 pandemic. www.ocfl.net
Orange County Government Crisis Assistance Program (407) 836-6500 Address: 2100 E. Michigan St. Orlando, FL 32806 <i>Orange</i>	Call for more information	Provides financial assistance with rent or utilities for those that have insufficient resources due to an emergency need. Must be able to show that one time assistance will solve the problem.
Community Assistance Sanford (407) 665-2300 Address: 534 West Lake Mary Blvd. Sanford, FL 32773 <i>Seminole</i>	Mon-Fri: 8am-5pm	Provides prevention assistance with rent, mortgage, or utility for a household that may have experienced a financial hardship. Also helps with security and utility deposits. Must have proof of the ability to sustain after assistance.
The Sharing Center Rent/ Mortgage and Utility Assistance (407) 260-9155 ext2125 Address: 600 North Highway 17-92, Suite 130, Longwood, FL 32750 <i>Seminole</i>	Client Service Hours: Mon-Fri 9am-12pm	-Must be a Seminole County resident -Fill out and submit application on website: http://thesharingcenter.org/familiesincrisis/ -Must have proven sustainability after assistance.
Heart of Florida United Way Utility Assistance (407) 835-0900 Address: 1940 Cannery Way, Orlando, FL 32804, United States <i>All Counties</i>	Mon-Fri: 8am-4:30pm	Must be an Orlando Utilities Commission or Winter Park Electric Utility customer Applications available on website

Miracle of Love Inc. Housing Assistance (407) 843-1760 Address: 1301 W Colonial Drive, Orlando, FL 32804 Website: miracleofloveinc.org <i>All Counties</i>	Mon-Fri 8:30am-5pm Closed from 12pm-1pm	Assists individuals living with HIV/ AIDS through providing them with rental, utility, mortgage, deposit assistance and more. Must meet the required qualifications. Applications are available online
St. Vincent de Paul Orlando (407) 889-4706 Address: 770 S. Orange Blossom Trail Apopka, FL 32703 <i>All Counties</i>	Call for more information.	-Has centers in ALL Central Florida counties https://www.svdporlando.org/svdporlando-helpline.html
Employment and Training	Hours	Additional Information
Florida Department of Economic Opportunity Reemployment Assistance: 1-800-204-2418	Call for more information.	Fill out application and explore benefits: http://floridajobs.org/ Reemployment-Assistance-Service- enter/reemployment-assistance/ claimants
United Against Poverty: Success Training Employment Program (STEP) (407) 650-0774 ext.435 or email PRivera@unitedagainstpoverty.org Address: 150 W Michigan St Orlando, FL, 32806 <i>Orange</i>	STEP classes take place daily Monday through Friday, from 9am until 1pm.	A sixteen-week program dedicated to enhancing job-readiness skills. Go to https://uporlando.org/services/step-program/ to complete a STEP interest application.
Central Florida Urban League – Workforce Development (407) 841-7654 Address: 2610 Orange Blvd, Orlando, FL 32805 <i>Orange</i>	Mon-Fri: 8am-5pm	Computer training, employability and life skills workshops, one-on-one career counseling, job search assistance
Top Talent Staffing (407) 896-2150 Address: 3901 E Colonial Drive, Suite E Orlando, FL 32803 E-mail: info@toptalentusa.com <i>Orange</i>	Mon-Fri: 7am-5:30am	Places skilled workers for temporary positions in positions such as administrative & clerical, accounting, customer service, host/hospitality, food service, custodial, shipping/receiving, and warehouse
CareerSource of Central Florida (407) 531-1231 or 1-800-757-4598 <i>Orange/Seminole</i>		Call and ask for a location near you.

Christian HELP Employment and Resource Center (407) 834-4022 Address: 450 Seminola Blvd. Casselberry, FL 32707 www.christianhelp.org <i>Seminole</i>	Main Office Mon-Fri: 9:30am-1:30pm; after 1:30pm by appt. only	Employment and resource center. Services include 1-on1 career coaching, 6 job fairs per year, small business hiring events for Seminole county, and an online job board.
The Sharing Center-Workforce Development (407) 260-9155 Address: 600 N US Hwy 17 92 Suite 130, Longwood, FL 32750 <i>Seminole</i>	Mon-Fri: 9am-12pm	-ProjectRISE- A four week program focusing on Job Readiness Skills and Emotional Intelligence. -We provide transportation for those who live within a 20 mile radius from the Sharing Center and who do not have transportation.
Goodwill: Connection Centers (407) 745-5550 <i>All Counties</i>	Call for more information	
AARP Foundation (407) 852-1608 Address: 1707 Orlando Central Parkway #400, Orlando, FL 32809 <i>All Counties</i>	Mon-Fri: 8am-4pm	Hire senior citizens (55+) who have not worked or had limited work in the last 6 months.
Labor Finders <i>Osceola-</i> (407) 935-9959 <i>Orange-</i> (407) 843-5050 <i>Seminole-</i> (407) 302-1939 <i>All Counties</i>	Orange: Mon-Fri 6am-6pm Seminole: Mon-Fri 6am-6pm and Sat 6am-9am Osceola: Mon-Fri 6am-6pm	Temporary Work Website: https:// www.laborfinders.com/
HireQuest Direct <i>Osceola-</i> (407) 530-5754 <i>Orange-</i> (407) 826-1615 <i>Seminole-</i> (321) 363-0033 Address: 7130 S. Orange Blossom Trail, Orlando, FL 32809, USA	Orange: Mon-Fri: 5:30 am-5:30pm Seminole: Mon-Sat 5:30am-5:30pm and Sat 5:30am-9:30am Osceola: Mon-Fri 5:30am-5:30pm and Sat 5:30am-9:30am	Temporary Work Website: https://www.hirequest.com/
DiscoverABILITY (407) 894-5051 ext. 122 1027 Sligh Blvd. Orlando, FL 32806	Mon-Fri 8:30am-5pm	DiscoverABILITY is a nonprofit organization in Central Florida that strives to help individuals with disabilities find and secure employment. Services are for individuals 14

<i>Orange</i>		and older. Some of the services we offer include: Employment and Supported Employment Services, Vocational Evaluations, Psychological Evaluations, Discovery, On-The-Job Training, Job Coaching, Self-Advocacy, Pre-Placement Training, Transitional Youth Services and more!
First Step Staffing (407) 478-1698 Address: 808 W Central Blvd. Orlando, FL 32805 <i>All Counties</i>	Mon-Fri 8am-4pm	Offers full and part-time employment with above minimum wage pay, benefits including healthcare, and pathways to permanent employment and higher-paying jobs. We also partner with fellow nonprofits to offer housing, childcare, and medical support. Transportation assistance to place of work is provided if needed.
Employment Opportunities (for individuals with a criminal record)	Link	Additional Information
Upwork	https:// www.upwork.com/	This marketplace is 100% free to join and has listings of thousands of jobs that you can do from the comfort of your own home.
JobsForFelonsHub	https:// www.jobsforfelonshub.com/jobs-for-felons/	This website has a comprehensive list of companies all over the nation that hire individuals who have a felony charge. The site also offers multiple other resources that may be beneficial.
Florida Employment Directory	https:// orderofmaltaamerican.org/files/ pages/2323-Florida-Employment-Directory.pdf	For the benefit of ex-felons and individuals experiencing homelessness. Provided by Order of Malta, American Association.
Support	Hours	Additional Information
Compassion Corner (407) 843-4054 Address: 808 W. Central Blvd. Orlando, FL 32805 <i>Orange</i>	Mon-Thurs 8:30am-11am, 1pm-3pm	Assistance with applying for Food Stamps on Mondays from 9am to 12pm. Located in Daily Bread dining hall.

United Against Poverty (407) 650-0774 Address: 150 W. Michigan St. Orlando, FL 32806 <i>Orange</i>	Mon-Sat: 9 am-6 pm Sunday: 11 am- 6 pm	The Member Share Grocery Program provides fresh produce, frozen foods, shelf-stable items and household items for 30-40% of value. Phone and computer services. Clinic and GED programs. Computer lab/phones available to use, STEP program, and emergency food assistance.
The Salvation Army of Orlando (407) 243-8581 Address: 416 West Colonial Drive, Orlando, FL, 32804 <i>Orange</i>	Mon-Fri: 9am-4:30pm	Provides vulnerable families with food, shelter, clothing, case management, and more.
HOPE Helps (407) 366-3422 Address: 812 Eyrie Dr. Oviedo, FL 32765 <i>Seminole</i>	Mon-Thurs: 9am-4pm	Helps the working poor, people who have never been in a crisis before, people experiencing homelessness, case management, and financial assistance.
His Healing Hand https://hishealinghand.weebly.com/	Please use website to get access to resources.	Reentry, renewal and recovery help for those behind bars, returning from a time away, those on probation or parole, or who have a criminal past. -Job Training and job search -Housing, obtaining food stamps resume preparation, Interview skills -Addiction recovery -Understanding technology, computer skills
Hope Center (321) 677-0245 Address: 122 W Sproule Ave, Kissimmee, FL 34741 Email: moreinfo@hope192.com <i>Osceola</i>	Mon-Thurs: 9am-12pm, 1pm-3pm	Provides services such as identification services, job search, food pantry, life skills, hygiene items, family/friends reunification, and homeless barriers assessments. Long-term case plan and advocacy with individuals and families that may be struggling financially
Legal Aid Society (407) 841-8310 Address: 100 E. Robinson St. Orlando, FL 32801 <i>Orange</i>	Office Hours Mon-Fri: 8:30am-5pm New Clients & Walk-Ins Mon-Thurs: 8:30am-3:30pm	Pro bono services. Only 2 cases per year and pay \$350
Community Legal Services Helpline: 1-800-405-1417 Website: https:// www.clsmf.org/ <i>All Counties</i>	Mon & Thurs: 8:30am-4:40pm Tuesday & Wednesday: 8:30am-6:30pm Friday: 8:30am-3:30pm	Legal advice and brief cases over hotline * Does not assist with criminal or traffic cases

IDignity (Identification Assistance) (407) 792-1374 Orlando Location: 425 N Magnolia Ave, Orlando, FL 32801 Seminole Location: 2140 W. State Road 434 Longwood, FL 32779-5007 Osceola Location: 2198 Four Winds Blvd. Kissimmee, FL 34746-5957 Volusia Location: 1702 N. Woodland Blvd. #116–134 DeLand, FL 32720-1838 Email: info@idignity.org	Tues & Thurs 8:30am-2pm By appointment, some walk-ins accepted	IDignity assists US citizens and legal residents in obtaining Florida ID cards and licenses, US birth certificates, Social Security cards and other documents needed to obtain an ID/license.
Hope & Help (407) 645-2577 Address: 4122 Metric Drive, Suite 800 Winter Park, Florida 32792 <i>Orange</i>	Mon-Fri: 8am-5pm	Syringe Exchange Program. The Program’s mission is to stop the spread of infectious diseases, like HIV and Hepatitis C, and connect you to health and wellness resources. The Program also supports community beautification and safety by ensuring that drug paraphernalia is not left to litter in our communities. https://hopeandhelp.org/ideaorlando/
Center for Independent Living (407) 623-1070 Address: 720 N Denning Drive Winter Park FL, 32789 <i>Orange</i>	Mon-Thurs: 9am-4pm	CIL opened its doors to the community in 1976 with the very same mission that we still have today: to break down barriers for all people living with disabilities. Today we continue to proudly serve our community through our five-core services advocacy, information and referral, independent living skills, peer support and mentoring, and transition.
Health/Mental Health Services	Hours	Additional Information
STD Testing Near Me https://www.testing.com/std-testing/orlando-fl/	24/7 Online Directory	STD Testing in Orlando, FL
Health Care Center for the Homeless (407) 428-5751 Address: 232 S Orange Blossom Trail Orlando, Florida 32805 <i>Orange</i>	Mon-Fri: 8am-5pm	Provides medical care, oral health services, behavioral health and substance abuse counseling, an on- site pharmacy, vision services, and residential TB shelter. Website: https://hcch.org/
Shepherd’s Hope (Winter Garden Location) (407) 876-6699 Address: 455 9th Street. Winter Garden, FL 34787	Mon, Tues & Thurs: 4am-8pm	Provides free and compassionate healthcare to the men, women and children in Central Florida who visit our five health centers to receive hope and healing.

<i>Orange</i>	Wed: 12pm-3pm, 4pm-8pm	Website: http:// www.shepherdshope.org/
Shepherd's Hope (Downtown Orlando Health Center) (407) 876-6699 ext. 248 101 S Westmoreland Dr., Orlando, FL 32805 <i>Orange</i>	Mon-Wed: 5-8pm	Provides free and compassionate healthcare to the men, women and children in Central Florida who visit our five health centers to receive hope and healing. Website: http:// www.shepherdshope.org/
Shepherd's Hope (Longwood Health Center) (407) 876-6699 ext. 230 (morning hours) (407) 876-6699 ext. 238 (evening hours) Address: 600 North US 17-92 Ste 124 Longwood, FL 32750 <i>Seminole</i>	Mon-Thurs: 8am-12pm, 4pm-8pm	Provides free and compassionate healthcare to the men, women and children in Central Florida who visit our five health centers to receive hope and healing. Website: http:// www.shepherdshope.org/
True Health Main: (407) 322-8645 Headquarters: 4930 East Lake Mary Blvd. Sanford, FL 32771 Nine locations in Orange, Seminole and Volusia county.	Please use website to get access to resources.	Private, non-profit 501 (c)(3) community health center, has been serving low-income, uninsured, underinsured, and underserved populations in Central Florida Website: Mytruehealth.org
Aspire Health Partners (407) 875-3700 ext. 6186 Address: 1800 Mercy Drive Orlando, FL 32808 Email: info@aspirehp.org Website: https:// aspirehealthpartners.com/ <i>Orange</i>	Mon, Thur.: 8am-7pm Tues, Wed, Fri: 8am-5pm Emergency Assessments available 24 hours/7 days a week	Access Center that provides intake screening services for mental health issues, substance use disorders, and other addictions. -Drug court and mental health court services. -Provides education and justice programs.
Positive Behavioral Solutions (321) 972-4265 Address: 901 Douglas Ave Suite 100, Altamonte Springs, FL, 32714 Email: referrals@pbsfl.org <i>Orange</i>	Mon-Fri: 10am-5pm	Offers counseling in Orlando to all ages for individual counseling, relationship counseling, couples counseling, and marriage and family counseling. Website: https:// aspirehealthpartners.com/
Center for Multicultural Wellness and Prevention (407) 648-9440 Address: 641 N. Rio Grande Ave Orlando, FL 32805 <i>Orange</i>	Mon-Fri: 8am-5pm	Organization that offers non-clinical, culturally and linguistically sensitive outreach services that promote optimal emotional, mental and physical health to the diverse populations in Central Florida. Website: http://cmwp.org/

National Alliance on Mental Illness Lifeline: (800) 273-8255 407-253-1900 300 Crown Oak Centre Drive Longwood, FL 32750 Emails: info@namiflorida.org president@namiflorida.org <i>Seminole</i>	Mon-Fri: 8:30am-5pm	We are a grassroots community network of support for anyone affected by mental health conditions – individuals and their family, friends and caregivers. Different support groups. Website: namigo.org
Impower (407) 215-0095 Appointments/Referrals: (321)639-1224 Address: 111 W. Magnolia Avenue Longwood, FL 32750 Email: info@impowerfl.org referrals@impowerfl.org <i>Seminole</i>	Call or email for more information.	Mental health, substance misuse and child well-being organization dedicated to empowering the lives of those in need by offering personal attention, counseling, assistance and inspiration Website: https:// www.impowerfl.org/
House of Freedom (407) 957-9077 Address: 2311 North Orange Blossom Trail Kissimmee, FL 34744 Email: info@hofrehab.com <i>Osceola</i>	Mon-Fri: 9am-5pm	Drug rehabilitation center in Orlando, Florida Website: https:// houseoffreedom.com/
Primary Care Access Network (407) 836-PCAN (7226) 6225 Brookgreen Ave, Orlando, FL 32809 <i>Orange</i>		Dedicated to improving access to healthcare in Orange County. https://www.pcanorangecounty.com/
Outlook Clinic: Mental Health Association of Central Florida (407) 898-0110 or (407) 836-2542 Address: 1525 E Robinson Street Orlando, FL 32801 <i>Orange</i>	Mon-Fri: 9am-5pm	Outlook Clinic offers counseling in Orlando for adults 18 years and older for the uninsured. There are specific admission criteria to qualify for counseling services. If you don't qualify for counseling through Outlook, you will be referred to another counseling service in Orlando that can meet your needs.
UCF Anxiety Disorder Clinic/Trauma Management Therapy General inquiries and treatment consultations: (407) 823-3910 Single Session Consultation Program: (407) 823-1657 https://www.ucfrestores.org/	Mon - Fri: 8:30 a.m. – 5 p.m.	A clinical research center dedicated to the study and treatment of anxiety disorders in children, adolescents and adults using Exposure Therapy.

<i>Orange</i>		
Additional Victim Services	Hours	Additional Information
The Victim Service Center of Central Florida, Inc. (VSC) 24/7 Helpline: (407)-500-HEAL (4325) <i>Orange County:</i> Main Office: (407) 254-9415 Address: 2111 East Michigan Street, Suite 210, Orlando, Florida 32806 <i>Seminole County:</i> Phone: (407)-254-9415 Address: 400 W. Airport Blvd, Sanford FL 32773 <i>Osceola County:</i> Phone: (407)-254-9415 Address: 201 Hilda St., Kissimmee FL 34741	Mon-Fri: 8am-5pm	To provide individualized services and resources to victims of sexual assault, violent crime and traumatic circumstances, through crisis response, advocacy, therapy, and community awareness. https://www.victimservicecenter.org/
Abuse Hotline Florida Department of Children and Families 1-800-962-2873 Website: https://www.myflfamilies.com/service-programs/abuse-hotline/	Accepts calls 24 hours a day, 7 days a week.	The Florida Abuse Hotline accepts reports of known or suspected child abuse, neglect, or abandonment and reports of known or suspected abuse, neglect, or exploitation of a vulnerable adult.
Stand Up Survivor (321) 430-5307	Call for more information	Stand Up Survivor is a 501 c3 non-profit organization based in Orlando, FL dedicated to educating, equipping, and empowering domestic violence survivors and their communities globally.
Florida Council Against Social Violence (850) 297-2000 1820 East Park Ave, #100, Tallahassee, FL 32301	Call for more information	FCASV is a nonprofit dedicated to victims and survivors of sexual violence and the sexual assault programs that serve them. https://www.fcasv.org/find-your-local-center
LGBTQ+ Resources	Hours	Additional Information
Trans Lifeline 877-565-8860	24/7 Access	Free and confidential support to people with suicidal crisis or emotional distress
Zebra Coalition (Shelter for 13-24 y/o) (407) 228-1446 Address: 911 N Mills Ave Orlando, FL 32803 <i>Orange</i>	Mon-Fri: 10am-6pm	Provides services and short-term living to lesbian, gay, bisexual, transgender and all youth (LGBTQ+) ages 13– 24. They assist young people facing homelessness, bullying, isolation from family, and physical, sexual and drug abuse.
Bliss Cares 407-203-5984	Mon-Fri: 8:30am-7pm	Nonprofit organization whose mission is to save lives by preventing the spread of HIV,

Address: 2901 Curry Ford Rd #106 Orlando, Florida 32806 info@blisscares.org <i>Orange</i>		hepatitis, and STDs. They strive to serve everyone regardless of their ability to pay.
LGBT+ Center Orlando [Orange & Osceola] (407) 228-8272 (Orange) (407) 201-2544 (Osceola) Address: 946 N Mills Ave Orlando, FL 32803 or 17 W. Monument Avenue, Kissimmee FL 34471 <i>Orange/Osceola</i>	Hours of Operation: Mon-Fri: 10am-6pm Drop-In Hours: Mon-Fri: 3-5pm	Serves as a sanctuary/Safe Space for all LGBTQ people in Central Florida. -Free HIV and STI Testing
Divas In Dialogue-Stafford Housing Program 407-532-0070 Address: 711 Seminole Ave Orlando, FL 32804 <i>Seminole</i>	Stafford Housing Services: Condom Pickup, Health Education, Linkage, Peer Services Mon-Fri: 12-8pm	Free Rapid HIV/STI Screenings Services: Monday – Friday 9:00 AM – 7:30 PM (Walk-In) First & Third Saturday 12:00 PM – 6:00 PM Sunday 3:00 PM – 11:00 PM (Appointment)
Senior Citizen Resources	Hours	Additional Information
Senior Resource Alliance Elder Helpline: (800) 963-5337 Business Calls: (407) 514-1800 Address: 3319 Maguire Blvd #100, Orlando, FL 32803 <i>All Counties</i>	Mon-Fri: 8am-5pm	Website: http://www.seniorresourcealliance.org/
Osceola Council on Aging (407) 846-8532 Address: 700 Generation Point, Kissimmee, FL 34744 <i>Osceola</i>	Mon-Fri: 8am-4pm	Website: https://osceolagenerations.org/ Email: info@osceola-coa.com
Seniors First (407) 292-0177 Email: info@seniorsfirstinc.org Address: 5395 L B McLeod Rd, Orlando, FL, 32811 <i>Orange</i>	Mon-Fri: 8am-4:30pm	Meals on Wheels Neighborhood Lunch with Transportation In-Home Care Program Stepping Stone Medical Equipment Bank Website: http://seniorsfirstinc.org/
SDA Elderly Care Referral Service (407) 757-0119 Address: 4300 Clarcona Ocoee Road, Orlando, Florida 32810 Website: https://sdaelderlycare.com <i>Orange</i>	Mon-Thurs: 9am-5pm Friday: 9am-12pm	-55+ Senior Housing Listings -Subsidized Housing Listings -Rooms for Rent -Medicaid Waiver Referral -Low-cost ALF Referrals -Rental Assistance Referrals -Community Resource Referrals -Community Care Homes

After 55 <i>All Counties</i>	Visit website for more information	-Assists with locating affordable housing for seniors who are 55 years and older https://www.after55.com/search/fl/orlando
Veteran Resources	Hours	Additional Information
Orlando Veteran Service Center and Vocational Rehabilitation and Employment Office (407) 835-5600 Address: 1000 Legion Place Suite 1500 Orlando, FL, 32801 <i>Orange</i>	Mon-Fri: 8am-4pm	Assisting the Veteran in achieving his/her optimal level of functioning and a return to independent living in the community beyond. Website: https:// www.benefits.va.gov/vocrehab/index.asp
Citizen Resource and Outreach Office/Veteran Service Office (407) 836-8990 Address: 2100 E. Michigan St. Orlando, FL, 32806 <i>Orange</i>	Mon-Tues & Thurs-Fri: 8am-4pm Wed: 8am-2:30pm	Medical Care, Compensation, Vocational training, Financial assistance, obtaining records, assistance with claims & benefits, home energy assistance Website: https:// www.orangecountyfl.net/FamiliesHealthSocialSvcs/VeteransServices.aspx#.XpYFlv1KhEw
United Veterans of Florida, Inc. (321)-529-4474 <i>All Counties</i>	Call for more information.	Helps provide rental assistance, counseling referrals, warm clothing for winter, phone and electrical assistance, food baskets and care baskets for our most disadvantaged Veterans. We also provide employment for Veterans. Website: http://www.unitedveteransflorida.org
PROJECT: VetRelief (407) 295-2631 or (800) 393-3378 Address: 1912A Lee Road Orlando, FL 32810 <i>All Counties</i>	Mon-Fri: 8am-4pm	Provides assistance to active duty, our veterans, and their families in the form of funds (Emergency Assistance), experience (Benefits Support), and encouragement (Community Engagement). Website: https:// www.projectvetrelief.org/
Hire Heroes USA- Veteran (844) 634-1520 <i>All Counties</i>	Call for more information	A nonprofit organization dedicated to creating job opportunities for U.S. military veterans and their spouses through personalized employment training and corporate engagement.
American Red Cross Veteran Services (877) 272-7337 <i>All Counties</i>	Call for more information	The American Red Cross provides immediate financial assistance, emergency communication services and deployment services 24/7 every day of the year.
Clearpoint (800) 750-2227 Clearpoint.org <i>All Counties</i>	Call for more information	A nonprofit organization that provides credit counseling and education; may also assist in foreclosures.

CredAbility (800) 251-2227 Credability.org <i>All Counties</i>	Call for more information	A nonprofit organization that provides credit counseling and education; may also assist in foreclosures.
Operation Homefront (210) 659-7756 OperationHomefront.net/florida <i>All counties</i>	Visit website for more information	Provides emergency financial assistance for multiple needs.
The Pen Fed Foundation 703-838-1200 PentagonFoundation.org <i>All Counties</i>	Visit website for more information	A nationally recognized nonprofit organization working to meet the unmet needs of military personnel and their families in the areas of financial literacy, housing and support for the wounded.
Building Homes for Heroes: Build Mortgage-Veterans (516) 684-9220 BuildingHomesForHeroes.org <i>All Counties</i>	Call or visit website for more information	Building Homes for Heroes provides free homes for families in dire need.
Cell Phones for Soldiers (678) 580-1976 CellphonesForSoldiers.com <i>All Counties</i>	Call or visit website for more information	A nonprofit organization dedicated to providing cost-free communication services through calling cards to active duty military members and veterans.
Habitat for Humanity WestOrangeHabitat.org <i>All Counties</i>	Visit website for more information	A nonprofit organization that builds accessible mortgage-free homes for combat wounded disabled veterans.
Wounded Warriors Project (877) 832-6997 WoundedWarriorProject.org <i>All Counties</i>	Call or visit website for more information	The project provides financial assistance to help heal the physical wounds of war through various programs such as: Combat Stress Recovery Program, Physical Health and Wellness Program
Family Resources	Hours	Additional Information
Boys Town Central Florida (407) 588-2170 Crisis Hotline: (800) 448-3000 Address: 975 Oklahoma Street Oviedo, FL 32765 <i>Orange/Seminole</i>	Mon-Fri: 8am-5pm	-Intervention and assessment -In-Home Family Services -Community Support Services
Healthy Start Coalition of Orange County (Pregnancy and baby care) (407) 858- 1472	Mon-Fri: 9am-5pm	Services provided: - Pregnancy and baby care education - Breastfeeding education - Childbirth classes

Address: 1040 Woodcock Rd # 215, Orlando, FL 32803 https://www.healthystartorange.org/		- Counseling Help to stop smoking - House calls by health professionals - Nutrition education - Mental health counseling
Orange County Public School McKinney Vento Program (MVP) (407) 317-3485 helphomeless@ocps.net Website: homeless.ocps.net	Call for more information	MVP assists children and youth in transition lacking a fixed, adequate, or regular housing situation. If a student and his/her family are residing in a shelter, motel, vehicle, campground, streets, abandoned building, or doubled-up with family/friends they may qualify for program assistance.
Early Head Start (EHS) and Head Start (HS) <i>Orange County:</i> (407) 836-6590 <i>Seminole County:</i> EHS and HS: (407) 332-5090 (Longwood) <i>Osceola County:</i> 4c HS: (321) 219-6201	Call for more information and location.	The overall goal of Head Start is to bring about a greater degree of social competence in children of low-income families. The child's entire family, as well as the community, is involved to create a quality program to assist the child with school readiness. Visit https://4cflorida.org/parents/early-head-start-and-head-start-ehs-hs/
Catholic Charities Family Stability Services (407) 658-1818 Address: 1771 N. Semoran Blvd Orlando, FL 32807 <i>Orange</i>	Call to make an appointment – Food Pantry: (407) 658-1818 Immigration Services: (407) 658-0110 (continues) Comprehensive Refugee Service: (407) 277-1938	Serves people who experience a crisis and are seeking financial assistance to remain in their homes, provide important resources to people in need who are facing the threat of eviction or other crisis and provide services that are convenient for people in need to access.
Christian Service Center (407) 425-2523 Address: 808 W. Central Blvd. Orlando, FL 32805 <i>Orange</i>	Mon– Fri: 9am-4pm	Provides family and emergency services to families who are faced with an unexpected financial crisis and are in need of immediate emergency assistance and relief to families who are faced with an unexpected financial crisis.
JFS Orlando: Services Family Stabilization Services (407) 644-7593 Orange county: Ext. 236 Seminole County: Ext. 250 Address: 2100 Lee Road, Winter Park, FL 32789	Mon-Thurs:8am-5pm By appointment only	Aims to move lives from crisis to stability by taking a holistic approach in assisting those in need and providing a variety of wrap-around services. Programs include: -Hunger -Mental and Emotional Stability -Homelessness Prevention

<i>All Counties</i>		-Aging/End of life
Community Coordinated Care for Children (4C) (407) 522-2252 Address: 3500 W. Colonial Drive, Orlando, FL 32808 <i>Orange</i>	Mon-Fri: 8am-5pm	Provides a variety of high-quality services to improve the lives of children and families in Central Florida. School Readiness -VPK Head Start/Early Head Start Child Care Food Program Child Care Resource & Referral https://4cflorida.org/
JMJ Pregnancy Center 407-839-0620 (Orange County) (407) 201-5085 (Osceola County) Address: 800 N Rose Ave, Kissimmee, FL 34741 or 1401 W Colonial Orlando, FL, 32804 <i>Orange/Osceola</i>	Osceola County: Tues, Thurs, and Sat 10am-2pm Orange County: Mon, Wed, and Fri 10am-2pm	Programs provide maternity clothing, baby clothes, supplies, and furniture, car seats, formula and baby food. *photo ID *proof of birth of child (child must of have fathers and mothers name) (continue) *serves pregnant women and women with a child age 1 year or younger
First Life Center for Pregnancy (407) 514-4517 Address: 3125 Bruton Blvd. Suite B Orlando, FL 32805 <i>Orange</i>	Mon-Fri: 10am-3pm	Free Services: -Pregnancy Test -Baby Store -Ultra Sounds - Post Abortion Support - Pregnancy Counseling -Educational Classes
Choices Women's Clinic (407)-244-5527 Address: 1851 W. Colonial Dr. Orlando, FL 32804 <i>Orange</i>	Mon-Thurs: 9am-5 Fri: 9am-1pm	Free pregnancy tests, ultrasound for qualified patients, STI testing for pregnant patients and community referrals.
Mustard Seed (407) 875-2040 Address: 12 Mustard Seed Lane Orlando, FL 32810 <i>Orange</i>	Mon-Fri: 9am-4:30pm	Provides household goods, clothing, and toys, to those that are in need.
Orange County Family Counseling (407) 254-9370 Address: 1728 E. Michigan Street Orlando, FL 32806 <i>Orange</i>	Mon-Fri: 8am-5pm	Offers 3 months of free counseling in Orlando to children, adolescents, teenagers (ages 6-17) that are having difficulties. The children must be residents of Orange County in order to qualify for free counseling.

Neighborhood Center for Families (407) 836-7610 Address: 2100 East Michigan St Orlando, FL 32806 <i>Orange</i>	Mon-Fri: 8am-5pm	Offers counseling in Orlando in multiple locations. They see children and adults and provide individual counseling, relationship counseling, couples therapy, and marriage and family counseling.
National Center for Homeless Education (800) 308-2145 homeless@serve.org	Call for more information	-Assistance with an issue related to the education of a child or youth experiencing homelessness -Trainings -Webinars
Meals	Hours	Additional Information
Daily Bread (Christian Service Center) (407) 425-2523 Address: 808 W. Central Blvd., Orlando, FL 32805 <i>Orange</i>	Mon-Friday: 12pm-1pm	Located behind Christian Service Center on Central Blvd. Website: http://rightservicefl.org/node/15442
Coalition for the Homeless (407) 652-5300 Address: 18 N Terry Ave Orlando, FL 32801 <i>Orange</i>	Dinner served daily at 6:45pm	Website: https://www.centralfloridahomeless.org/
West Orange Daily Bread (407) 656-6678 Address: 300 West Franklin Street Ocoee, FL 34761 <i>Orange</i>	Meals served Mon-Fri: 11am-12:30pm	Website: http://rightservicefl.org/node/15442
Loaves and Fishes (407) 886-6005 Address: 206 E. 8th St. Apopka, FL <i>Orange</i>	Mon-Thurs: 9am- 2:30pm	-New clients must call to make an appointment. See website for requirements. Website: https://www.loavesandfishesapopka.com/pdf/NFA.pdf
Second Harvest: Bring Hope Home Food Delivery (407) 514-1096 <i>All Counties</i>	Call hotline Mon-Fri: 8am – 4pm. Must complete application.	Application available on website. Website: https://www.feedhopenow.org/site/SPageServer/?pagename=how_help_home
Straight Streets (at Christian Service Center) Address: 808 W. Central Blvd., Orlando, FL 32805 <i>Orange</i>	Mon-Fri: 5:30pm	-Food/Lunch bags -Battery Charging Stations -Hygiene kits

St. Vincent De Paul Society of Orlando (321) 319-0063 <i>Orange</i>	Sun: Fresh dinner served from 3pm-5pm. Please review Additional Information.	If experiencing homelessness, you may visit the office any time Sunday – Friday for a bag of food. If housed, you must have an appointment. If the household includes children, must bring documentation of each child (school id, birth certificate, school paper).
First United Methodist – Church of Sanford Grace ‘n Grits Homeless Ministry Address: 419 S. Park Ave, Sanford, FL 32711 (407) 322-4371 <i>Seminole</i>	Wed: 6pm Sat: 8am	Services include: Hot meals on Wednesday and Saturday
Salvation Army (407) 423-8581 Address: 624 Lexington Ave, Orlando, FL 32801	Mon-Fri: 1:30pm to 2:30pm	Free lunch offered outside of Men’s & Veteran’s Shelter.
Food Not Bombs – Orlando Mailing Address: 388 Douglas Edward Drive, Orlando, FL Sharing Address: Orlando City Hall: 400 Orange Ave., Orlando, FL <i>Orange</i>	Sharing Hours: Mon- 10am-11am Wed – 5:30pm	Most relevant updates are posted on their Facebook page: www.facebook.com/orlandofoodnotbombs Program Information, mission, and volunteer info can be found here: http://foodnotbombs.net/new_site/
Food Pantries	Hours	Additional Information
United Against Poverty (407) 650-0774 Address: 150 W Michigan St, Orlando, FL 32806 <i>Orange</i>	Member Grocery Center: Mon-Sat: 9am-6pm Sun: 11am-6pm	Website: https://uporlando.org/services/life-enrichment-programs/emergency-food-assistance/
Human Crisis Center (407) 521-7750 Address: 5514 Edgewater Dr. Orlando, FL 32810 <i>Orange</i>	Mon-Sat: 9am-6pm	Website: https://human-crisis-center-orlando.business.site/
One Heart for Women and Children (321) 299-4594 Address: 2040 N Rio Grande Ave Orlando FL 32804 <i>Orange</i>	Food pantry: Mon-Tues 12pm-4pm Thurs-Fri: 12pm-4pm	One Heart For Women and Children offers food, necessary toiletries, cleaning supplies One Heart for Women and Children offers formula and diapers for babies and resources for people who need assistance while overcoming hardships. Once a month we distribute food through a drive-through mobile food drop off-site.

Christian Service Center (407) 425-2523 Address: 808 W. Central Blvd. Orlando, FL 32805 <i>Orange</i>	Mon-Fri: 9am-4pm	Website: https://www.christianservicecenter.org
First Baptist Church of Pine Castle (407) 855-4741 Address: 1001 Hoffner Avenue Orlando, FL 32809 Email: fbcpc@bellsouth.net <i>Orange</i>	Second Friday of month Fri: 9am-11am	Website: https://fbcpinecastle.com
Orlando (East) Agape Mission Market (407) 658-1818 Address: 1771 N Semoran Blvd Orlando, FL, 32807 Email: cathchar@cflcc.org <i>Orange</i>	Mon, Wed, Fri: 8:30am-12:30pm	A choice food pantry set up like a farmer's market where families "shop" for fresh fruits, vegetables and more Website: https://cflcc.org/
The Sharing Center (407) 260-9155 Address: 600 N HWY 17-92 #152 Longwood, FL Email: inquiry@thesharingcenter.org <i>Seminole</i>	Client Services: Mon.-Fri: 9am – 12pm Stores: Mon-Sat: 9:30am-5pm	-Food is available to Seminole County residents every 30 days. Clothing and household goods are available once every 4 months. -Must be a Seminole County resident. -Driver's license or State I.D. for all adult household members. -Original birth certificates for all children under 18 -Proof of residence and income Website: http://thesharingcenter.org
Harvest Time International (407) 328-9900 Address: 225 Harvest Time Dr, Sanford, FL 32771 Email: info@harvesttime.org <i>Seminole</i>	Tues- Sat: 9am-5pm	To qualify, members must fill out an application and have an income level at or below 200% of the Federal Poverty Guideline. Website: https://www.harvesttime.org/
HOPE Helps (407) 366-3422 321-765-4984 ext. 3008 Address: 812 Eyrie Drive, Oviedo, FL 32765 Email: resources@hopehelps.org <i>Seminole</i>	Mon-Fri: 9am-5pm	Food Pantry Hours: Tue and Thurs: 9am-11:30am, 12:30-3:30pm Wed & Sat: 9:00am-12:00pm Website: https://www.hopehelps.org/
Christian HELP (407) 834-4022 Address: 450 Seminole Blvd. Casselberry, FL, 32707 <i>Seminole</i>	Tues-Fri: 9:30am-1:30pm	Must bring valid ID w/ proof of address. Website: https://www.christianhelp.org/
Second Harvest Food Bank of Central Florida (407) 295-1066	Call or visit website for more information.	Locations and hours vary.

<i>All Counties</i>		Website: https://www.feedhopenow.org/
Jewish Family Services Orlando (407) 644-7593 Address: 2100 Lee Road, Winter Park, FL 32789 <i>Orange</i>	Mon-Thurs 9am – 4pm Bring photo ID	Website: https:// www.jfsorlando.org/pearlman-emergency-food-pantry Bring photo ID
Legal/Expungement Services	Hours	Additional Information
Catholic Charities of Central Florida (407) 658 -1818 Address: 1771 North Semoran Boulevard Orlando, FL 32807	Contact for more information	Provides immigration legal services Please visit https://cflcc.org/immigrants-refugees/ for more information.
Community Legal Services of Mid-FL HELPLine: 1-800-405-1417 Office locations and contact information can be viewed here: https://www.clsmf.org/contact-information/	Helpline Hours: Mon and Thurs: 8:30am – 4:30pm Tues and Wed: 8:30am – 6:30pm Friday: 8:30 am – 3:30 pm	CLSMF provides free legal aid to eligible clients . Eligibility requirements are based on where you live and whether you meet certain guidelines. When you call the Helpline, we will ask you questions to determine whether you are eligible to receive our services. Please visit www.clsmf.org for more information.
Eric J. Dirga, P.A. (407) 841-5555	Call for more information	Florida record expungements and sealings. Over 24 years’ experience. Helping people receive a fresh start in life by removing the past by the proven legal means available to people with criminal histories in Florida. *Payment plans available. Visit https://ejdirga.com/ for more information.
NeJame Law (407) 500-0000 Address: 189 South Orange Avenue, Suite 1800, Orlando, Florida 32801 <i>Orange</i>	Mon-Fri: 8:30 AM to 5:30 PM. Open 7 days a week. Phone services available 24/7.	If you have any questions regarding possibly sealing or expunging a prior criminal arrest do not wait any longer and call us at (407) 500-0000. You may also e-mail us at Defense@NeJameLaw.com Visit https:// www.nejamelaw.com/seal-expunge.html for more information.
The Umansky Law Firm (407) 706-7262 Address: 1945 E Michigan St Orlando, FL 32806	Call for more information Visit https://www.thelawman.net/Contact/ to fill out the contact form.	Contact our lawyers and staff at The Umansky Law Firm by calling 407-890-0336 or filling out our online contact form (https://www.thelawman.net/ Contact/) to discuss your case and set an appointment for a free review. If you qualify for expungement, we can assist you in sealing or expunging your

<i>Orange</i>		criminal record, and you may not even have to make a court appearance.
RecordGone: Higbee & Associates (877) 573-7273 Website: https://www.recordgone.com/	Book a phone consultation today.	RecordGone.com, part of The Law Firm of Higbee & Associates, is the nation's largest criminal record clearing law firm.
Erase the Case: The Expungement Law Firm (866) 372-7335 https://www.erasethecase.com	All services are handled remotely through phone and email.	Our record expungement lawyers will help you navigate through the challenging legal and bureaucratic hurdles imposed by Florida's expungement laws, enabling you to leave your record in the past.
Credit Repair/Improvement Services	Hours	Additional Information
Great American Credit Repair Company (407) 305-9118 Address: 37 N. Orange Ave. Orlando, FL 32801 <i>Orange</i>	Mon – Fri: 9am-8pm Sun-Sat: 9am-5pm	Great American Credit Repair Company offers credit education and restoration services. Get back on your financial feet with Great American Credit Repair.
Loyalty Credit (321) 290-9001 info@lfgcorp.com Address: 4700 Millenia Blvd, Suite 175, Orlando, FL 32839	Mon-Fri: 8am-6pm Sat: 9am-1pm	Our Credit Repair service consists of working the negative accounts presented in the credit reports. Such as: arrears, losses, student loans, bankruptcies, etc. *Hablas Español*
Mailboxes	Hours	Additional Information
United States Postal Services (USPS) 1-800-275-8777 Address: Visit your local branch for more information. Visit https://tools.usps.com/find-location.htm to find the closest location to you.	Contact your local branch for hours of operation.	A homeless person may submit an application for PO Box™ service to a local Post Office™. The Postmaster may approve the application under any one of the following conditions: -The applicant is known to the window clerk or Postmaster. -An unknown applicant submits proper ID. -The applicant provides a verifiable point of contact (e.g., place of employment, shelter, charitable institution, or social services office). -Applicants who cannot meet these conditions may be eligible to receive indefinite General Delivery service, if approved by the local Postmaster. -Customers should contact their local Post Office for more information.
Coalition for the Homeless (407) 652-5300 Address: 18 N. Terry Ave., Orlando, FL 32801 <i>Orange</i>	Mon-Fri: 7am-3pm Closed Saturday and Sunday	**Must be staying in this shelter in order to receive mail at this location. **

Technology	Hours	Additional Information
United Against Poverty (407) 650-0774 Address: 150 W. Michigan St. Orlando, FL 32806 orlandoinfor@UPCenters.org <i>Orange</i>	Mon - Sat: 9am-6pm Sun: 11am-6pm	Free computer lab and phone use. First time visitors must fill out intake form.
Assurance Wireless Apply online. https://www.assurancewireless.com/	24/7 Online Access	• Free smartphone, free unlimited talk/text, free 10gb hotspot data. • Lifeline free government phone program. Free to qualifying households. • One account per household.
Rogue Mobile (407) 250-9049 Roguemobile.com	Call for more information or visit website	Authorized provider of the Affordable Connectivity Program (ACP) to provide free monthly internet to those who qualify. This works along with other government benefits to provide help and connectivity to those who qualify
Transportation	Hours	Additional Information
Christian Service Center (407) 425-2523 Address: 808 W. Central Blvd. Orlando, FL 32805 <i>Orange</i>	Mon - Fri: 9am-4pm Closed Sat and Sun	Bus passes for work or medical related visits. Proof of appointment required.
Compassion Corner (407) 533-3767 Address: 808 W. Central Blvd. Orlando, FL 32805 <i>Orange</i>	Mon – Thurs: 8:30-11am & 1-3pm	Bus passes available with criteria.
Resur Wreck (407) 361-2541 1760 Christina Lee Lane Saint Cloud, FL 34769 <i>Osceola</i>	Mon – Fri: 9am – 5pm	Resur Wreck Inc. is a non-profit, car donation program that turns donated cars into local blessing provide assistance. They assist local economically vulnerable families and individuals who are referred to us for transportation needs. Website: https://resurwreck.org/

All Hub Locations

Times may vary depending on when capacity is reached.

Location: United Against Poverty
150 West Michigan Street, Orlando

Hub located in Suite A

Days: Every Friday

Time: 1:30pm—4pm

Orange

Location: Orlando VA: Lake Baldwin Outpatient Clinic 5201 Raymond
St. Orlando, FL 32803 Bldg. 507

Days: First & Third Friday's of the month

Time: 9:00 am—2:00 pm

Veteran Hub

If you cannot be present at a Hub, you can **dial 2-1-1** to have a conversation over the phone or visit <https://www.hsncfl.org/help> to view other locations.